

COMMITTED TO GROWTH

There's no better season than Easter to embrace new life! Here are a few suggestions from Rev. Daniel Benedict, former worship resources director for the United Methodist General Board of Discipleship.

- Focus on thanksgiving, rather than on asking, in prayer.
- Give myself a gift of three hours to do something I always say I don't have time to do.
- Find a way to go to bed earlier or sleep in so I get enough rest.
- Make a list of people with whom I need to be reconciled. Pray for them and let Jesus guide me in my thinking and feeling toward them.
- Take control of my life by _____.
- Go to all of the Holy Week services as an act of love and waiting with Jesus.
- Take one hour to inventory my priorities and plan how I will reorder them.
- Give up a grudge or a rehearsal of a past event.
- Forgive someone who has hurt me.
- Take on some loving task.
- Plan to visit a "shut-in" neighbor or church member weekly.
- Listen and respond to Christ's call to a ministry of service.
- Go to coffee or dinner with someone I want to know better.
- Begin to recycle waste from my home and workplace.
- Go on a church retreat. (Date _____)
- Find a way to live out the baptismal promise to "resist evil, injustice, and oppression" in the power and liberty God gives us.

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Come Alive!



"He is risen! Just as he said."
Matthew 28:6

Prayers for April 2007

Come Alive! Prayers for April 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 God, I want to come alive with the joy of Easter each day. Matthew 28:8	2 God, support my effort to live a life in the example of Jesus. 1 John 1:7	3 God, we are grateful for Jesus becoming one of us and giving his life for us on the cross. John 3:15	4 God, with all the noise and busyness in my life, grant me an opportunity to be still and know that you are God. Psalm 46:10	5 God, grant me the grace to understand the lessons you gave us through Jesus' life, death and resurrection. 1 Peter 2:21	6 God, on Good Friday, especially, I grieve for the sins that led your son to the cross. 1 Timothy 1:15	7 God, thank you for the promise of a new life and for providing us new beginnings. 2 Corinthians 5:17
8 God, I am thankful to be an Easter person. I celebrate all the hope that comes with your resurrection. Matthew 28:6	9 God, help me to recognize new opportunities to come alive. Habakkuk 3:18	10 God, on rainy days, remind me that Jesus is with me, that he is not in the grave, but alive. John 3:16	11 God, the greatest gift in my life has been to know you. I hope to share this gift with others. Philippians 3:8	12 God, every day is my chance to live life to the fullest. Psalm 118:24	13 God, thank you for offering us new life. Enable me to recognize opportunities to grow. Psalm 71:20	14 God, refresh my spirit so that my life will serve you and those persons around me. Romans 15:32
15 God, let me be a means for others to get to know you, that they might have a new life through you. 2 Corinthians 3:6	16 God, guide me and give me the courage to live out my faith. Romans 8:11	17 God, I know that it is my choice and my privilege to live life fully each day. James 1:2-3	18 God, show me how I can be of service to someone whose life is troubled. Psalm 32:8	19 God, give me the wisdom and insight to recognize my calling in life. Philippians 1:9	20 God, I will not live my life like someone afraid of dying. I have the hope of eternal life. John 11:25	21 God, thank you for the gift of children. They are the ultimate example of new life. Mark 10:15-16
22 God, your unconditional love is the perfect model for how to love the people in my life. Titus 3:4-6	23 God, the flowers and new growth of this season are a reminder to me to keep growing. John 15:8	24 God, help me meet new people, try new things, and experience a full life. 2 Peter 1:5-7	25 God, there is no better time than spring to remember that it is your light that gives life to the world. John 1:4	26 God, help my church be a place in which people find opportunities for a fresh start. 2 Peter 1:3	27 God, when I struggle with my own failings in life, remind me that I am your child. 2 Corinthians 5:17	28 God, to follow the example of Jesus is to truly live. Deuteronomy 30:16
29 God, it was you made me. May my life be a reflection of you. 1 Corinthians 15:10	30 God, remind me that I will never be too old to enthusiastically embrace life. Job 12:12-13					 www.ngumc.org