Prayers for Growing a Life of Peace

In his book, *Fruit-full Living: A Guide for Growing in God's Spirit,* Dr. Allen R. Hunt, senior pastor at Mount Pisgah Church in Alpharetta, Georgia, shares 10 tips for growing a life of peace.

- 1. Three times daily pause and remember Jesus' words, "My peace I give you."
- 2. Read, pray, study, and meditate on the book of Psalms. The peace of God will grow within your soul.
- 3. Pray for peace daily. Record the things, areas, and persons in your life that prevent peace.
- 4. Pray for your enemies individually by name. Prayer may not change your enemies; however, it will change you.
- 5. Confess your sins. Invite God into every area of your life, mind, and heart.
- 6. Become an agent of peace. Write a letter of apology to someone you have hurt.
- 7. Focus on the positive and accentuate it in others. Contribute to greater peace even when others respond negatively.
- 8. Pray for peace in our world. Pray for those nations and areas where there is conflict.
- 9. Memorize Romans 12:14-18. Recite the passage when you awaken, as you drive to work, and when conflicts arise.
- 10. Fast when you pray. Pray that God reveals the sources of your own lack of peace.

Fruit-full Living: A Guide for Growing in God's Spirit by Allen R. Hunt. Copyright © 2002. Used by permission. To order a copy, visit www.mountpisgah.org or call 678-336-3000.



North Georgia United Methodist Conference 4511 Jones Bridge Circle NW Norcross, GA 30092 678-533-1371 • ddurie@ngumc.org

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"...the fruit of the Spirit is love, joy, peace..."
Galatians 5:22

July 2006

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 God, we praise you for the deep, spiritual peace that is the work of our Lord and Savior. Rom. 5:1
2 God, help us to find peace with you and to acknowledge and accept the lordship of Jesus Christ in our lives. Phil. 2:8-10	3 God, give us a passion to pray daily and a burning desire to model our prayer lives after the Christ. Matt. 6:5-15	4 Lord, teach us to read, pray, study, and meditate on the Psalms so that your peace will grow within our souls. Josh. 1:8	5 God, may our prayer lives have a direct impact on our level of peace with you, ourselves, and with others. 1 Thess. 5:11-23	6 God, set our hearts and minds on the Spirit and on the things of Christ so that we may find peace and life itself. Rom. 8:1-6	7 God, may we experience your perfect peace that surpasses all understanding. Phil. 4:7	8 God, we invite you into every area of our lives, minds, and hearts as we seek to grow a life of peace. Ps. 27:8
9 God, teach us the importance of spending time with you in confession and self-evaluation. Ps. 32:5	10 God, help us to work with the things, areas, and persons in our lives that prevent us from having peace. Gal. 5:16-21	11 God, encourage us to pause daily and remember our Lord's words, "My peace I give you." John 14:27	12 God, do not let our hearts be trou- bled. Enable us to bask in the warmth of Jesus' power and peace. Matt. 11:28	13 God, teach us how to have indescribable peace when we face life's trials and tribulations. John 16:32-33	14 God, in difficult times help us to remember that we can do all things through Christ who strengthens us. Phil. 4:13	15 God, reveal to us the power of fasting as a spiritual disci- pline brought alive by prayer. Joel 2:12
16 God, as we fast and pray, enable us to remove that which blocks our ability to have peace in our hearts. Joel 1:14	17 God, we ask that the divine peace of Jesus constantly be present and at work in our lives. Rom. 12:14-18	18 God, fill us with love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Gal. 5:22-23	19 God, we pray that our relationships with other people will be marked by peace, love, and joy. Gal. 5:13-18	20 God, as in the commandments given us, teach us to love our neighbors as ourselves. Mark 12:31	21 God, grant us a desire to pray for peace daily. Help us to trust and rely on you for all things. Ps. 31:14	22 God, encourage us to pray for persons we view as our enemies and for those who hurt or persecute us. Matt. 5:44
23 God, enable us to replace pride with humility, repay evil with good, and return violence with peace. Phil. 2:3	24 God, give us the ability to become agents of peace. May your peace flow in and through us. 2 Thess. 3:16	25 God, help us contribute to greater peace in our relationships by focusing on positive things. 1 Thess. 5:14	26 God, we pray for peace and a steadfast spirit to reign in our hearts and in our homes. Ps. 51:10	27 God, teach us to live and walk in the Spirit of Christ so that we may spread peace wherever we go. Jas. 3:18	28 God, heal broken relationships in our homes, churches, neighborhoods, cities, nation, and world. 1 Cor. 12:20-27	29 God, grant the peace of Christ in our world. Subdue terrorism and evil forces. Protect the lives of those afflicted. 1 Cor. 14:33
30 God, bless the peacemakers who encourage us to live in harmony with one another. Matt. 5:9	31 God, empower us to put on the gospel of peace. Shield us from evil and all its claims. Eph. 6:10-18					www.ngumc.org