

Mail this registration form & Check to:

Lee Wright, Registrar
4844 Fitzpatrick Way
Norcross, GA 30092
No Confirmations Mailed

Make Checks Payable to North Georgia Conference

Cost: \$40 per person
Registration is due by March 14
Refund deadline is Monday, March 24
No reservations by Phone

Morning workshop Choice is # _____

Afternoon workshop Choice is # _____

PRINT Name _____

Print Address _____

E-Mail _____

Phone _____

Church _____

N. GA District _____

**North Georgia
Older Adult
Conference EVENT**

**Thursday, March 27, 2014
8:30am to 3:00pm**

***Soaring In
Mind, Body and Spirit***



"But for those who hope in the Lord will renew their strength: they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary". Isaiah 40:31

Registration Fee: \$40

Includes breakfast and luncheon
in dining room and afternoon snack
Deadline: Friday, March 14

Directions from Interstate 285

Use Exit 31 B - In 3.7 miles the highway will split. Keep to the far LEFT on Peachtree Parkway. In 2.5 miles turn LEFT on Jones Bridge Road. In 1.4 miles turn LEFT onto Jones Bridge Circle. In 1.2 miles turn RIGHT into Simpsonwood Retreat Center Follow signs for 0.6 miles to arrive at the Rollins Center and EVENT registration.



Keynote Leader

Rev. Dr. Robert (Bob) Bowling

***Soaring In
Mind, Body and Spirit***

**Thursday, March 27, 2014
8:30am - 3:00pm
Registration due by
Friday, March 14, 2014**

***SPONSORED BY THE
North Georgia Older Adult
Ministry Team***

**North Georgia Older Adult Website:
www.ngumc.org/olderadults**

**@ Simpsonwood Retreat Center
North Georgia Room - Rollins Building
4511 Jones Bridge Circle, NW
Norcross, GA 30092 770-441-1111**

North Georgia Older Adult Ministry EVENT

Simpsonwood Conference Center

7:00am Dining Room pen - Breakfast

8:30 Registration Desk Open
Meet and Greet
Check out all Displays

9:00 Welcome, Recognitions:
EVENT Team; Workshop Leaders;
Displayers; Churches Attending
A. Louise Adams, NGOA Team Chair

9:40 Soaring In
Mind, Body & Spirit
Rev. Dr. Robert (Bob) Bowling

11:00 Workshops - Rooms Posted

**#1 Chattahoochee Walk &
Prayer Labyrinth**
Rev. Susan Pinson, Glenn Memorial UMC
Minister for Children and Older Adults

#2 Soaring As a Caregiver ...Possible?? Yes!
Mary Lawder, Atlanta-Roswell District
Faith Community Nurse

#3 Maintain Your Brain
Doris Manning - Retired Minister for
Older Adults

#4 Legal Issues and Documents
Rev Joy Melton, J.D. Attorney at Law,
Partner Hindson and Melton

12:00 Lunch in Dining Room
Fellowship Time
Interaction Displays

1:00 Special Entertainment
The Methodist Circuit Riders
Doris Manning, Story Teller

..... Agenda Continued

1:40 PM Workshops -

**#5 Let's Eat: Recipe for a healthier
Mind, Body and Spirit.**
Susie Park, MS, RD, LD Manager/
Nutrition Services, Senior Connections-
Gwinnett County

**#6 Line Dancing: Enjoying Movement
Through Dance**
Lydia A. Floyd PhD, Line Dance Instructor, Health
and Fitness Ministry, Headland Heights UMC;
Torchbearers Ministry, Cascade UMC

#7 Body Recall Exercise Program
Doris Manning - Retired Minister for
Older Adults

2:42 Return to Meeting Room:
Announcements, Sharing,
Goodbyes, Evaluation Forms

2:57 Sending Forth in Prayer

Interactive Displays - Back of Meeting Room

Programming Ideas for Older Adults

- 1) Lindley Curtis, Peachtree Road, Older Adult
Ministries
- 2) Shirley St George, Simpsonwood
LIFE. - Older Adult Leadership Team,

Resources / Information availability

Mary Lou Vergara - Atlanta Regional Commission-
Area Agency on Aging

Table Displays - Registration Area-

Wesley Woods - Staff
Georgia United Methodist Foundation - Staff
Georgia Credit Union - Staff

Keynote Leader

Rev. Dr. Robert (Bob) Bowling

The Rev. Dr. Bob Bowling is a graduate of Candler School of Theology at Emory University. He received his Doctor of Ministry from McCormick Theological Seminary at University of Chicago. He received the North Georgia Conference Denman Award for clergy in 2005.

He began his ministry at First UMC in Biloxi, Mississippi. His North Georgia appointments include Aldersgate-Augusta; Cumming; Thomson First; St. Timothy-Stone Mountain; Calhoun First; Oak Grove-Decatur **and** District Superintendent of Atlanta-Roswell District.

He and his wife Robin have three children and five grandchildren. Bob notes his hobbies are singing, preaching, electric trains, fly fishing, woodworking, travel and mission work.

We will be blessed as we share in Bob's zest for living.. Expect to be *Soaring In Mind, Body and Spirit*

NG Older Adult EVENT Planners

- A. Louise Adams, OA Ministries Team Chair
770-446-2411 - lousechuck@comcast.net
- Rev. Exa Grubb, Team Vice Chair, Dunwoody UMC
- Bobbie West, Team Secretary, Cascade UMC
- Lee Wright, Event Registrar, Simpsonwood UMC
- Mary Lawder, Atlanta-Roswell District Faith
Community Nurse
- Rev. Susan Pinson, Glenn Memorial UMC
- Lindley Curtis, Peachtree Road UMC
- Shirley St. George, Simpsonwood UMC
- Bettie Stoneking, Duluth UMC
- Rev. Susan Pendleton, Peachtree Road UMC
- Rev. Elizabeth Ackerman, Marvin UMC
- Rev. Julie Wright, Roswell UMC