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Confere udes breakfast, lunch, & snack **Chursday, March** Registration

hursday, March **Refund deadline**

Choice is

Afternoon workshop # Morning workshop Choice is

PRINT Name

	Phone	N. GA District
Print Address	E -Mail	Church

North Georgia Annual Conference **Older Adult Event**

> Thursday, March 12, 2015 9:00 a.m.—3:00 p.m.

Transitions In Mind, Body and Spirit



"There is a time for everything, and a season for every activity under the heavens." Ecclesiastes 3:1

<u>Registration Fee</u>: \$40

Includes breakfast and luncheon in Fellowship Hall and afternoon snack **Deadline: Thursday, March 5**

Directions from Interstate 285

Take Exit 29, Ashford-Dunwoody Road. Turn north onto Ashford-Dunwoody Road (passing Perimeter Mall on your left.) Bear right at the water tower where Ashford-Dunwoody Road joins Mount Vernon Road. Dunwoody UMC is on the left.



Keynote Speaker Rev. Dr. Jamie Jenkins

Transitions In Mind, Body and Spirit

Thursday, March 12, 2015 9:00 a.m. - 3:00 p.m.

Dunwoody United Methodist Church 1548 Mt. Vernon Road Dunwoody, Georgia 30338 770-394-0675

> **Registration due by** Thursday March 5, 2015

SPONSORED BY THE North Georgia Older Adult **Discipleship Ministry Team**

North Georgia Older Adult Website: www.ngumc.org/olderadults Find us on Facebook: North Georgia **Conference UMC Older Adult Ministry**

North Georgia Annual Older Adult Ministry Event

Dunwoody United Methodist Church

9:00 Registration Desk Open Breakfast in Fellowship Hall

Meet and Greet Visit Exhibits and Displays

9:25 Sing-A-Long: Jenell Bryan, Canton First UMC -pianist; Betty Ringley, Dunwoody UMC, song leader

9:35 Welcome, Recognitions: Ministry Event Team; Workshop Leaders; Exhibitors; Attendees/church A. Louise Adams, NGOA Team Chair Greeting & Devotion: Rev. Dan Brown, Senior Pastor, Dunwoody UMC Rev. Dr. Will Randolph, UMC Center for Aging and Older Adult Ministries

10:20 Transitions In Mind, Body & Spirit Rev. Dr. Jamie Jenkins

11:00 AM Workshops - Rooms Posted

#1 Brain Wellness

Natalie DiSantis, Emory University

- #2 The Seven Pillars of Health Dr. Reneathia P. Baker, Pediatrician, Kaiser Permanente
- #**3** *Legal Issues and Documents* Rev. Joy Melton, J.D., Attorney at Law, Partner, Hindson and Melton
- **#4 Seniorcizers**—Low-Impact Exercise Jean Kennedy, Certified Instructor, AFAA

12:00 Lunch in Fellowship Hall Fellowship Time & Displays

12:45 Special Entertainment *The Hilltop Strummers String Band Canton First UMC*

- **1:15** Introduction of afternoon workshop leaders— *A special offering will be taken for Imagine No Malaria*
- 1:25 Afternoon Workshops Rooms posted
- **#5** Aging In Place: Adapting Your Home Amy Henschel, Senior Provisions
- **#6** *Personal Safety Issues* Representative, Dunwoody Police Department
- **#7** *Line Dancing: Enjoying Movement Through Dance -* Lydia Floyd, PhD, Line Dance Instructor
- **#8** Let's Eat! Nutrition for Better Health Liza Benton, Wellness Coordinator, Senior Connections
- 2:30 The Gathering Rev. Dr. Will Randolph, Executive Director UMC Center on Aging and Older Adult Ministries, Nashville, TN, GBOD

Sending Forth (Prayer)

Interactive Displays - Fellowship Hall

Programming Ideas for Older Adults
Shirley St George, Simpsonwood UMC LIFE - Older Adult Leadership Team
Resources / Information availability
Mary Lou Vergara - Atlanta Regional Commission -Area Agency on Aging
Other Displays:
Wesley Woods
Georgia United Methodist Foundation

United Methodist Connectional Credit Union Senior Connections

Keynote Speaker

Rev. Dr. Jamie Jenkins

Jamie is originally from Mobile, Alabama and has been married to Lena Loper Jenkins for 46 years. They have three children and two grandchildren (he's happy to share pictures). Jamie graduated from Bryan College, received his Masters of Divinity from Candler, and earned his doctorate from McCormick Theological Seminary. He retired in 2013 after 41 years in the ministry, serving the Roopville Circuit, Comer, Bright Star, and Aldersgate then became District Superintendent of the Atlanta-Marietta District followed by a move to the Office of Ministerial Services. Executive Assistant to the Bishop, and Director of Church Development. Jamie now serves part-time at Peachtree Road UMC for visitation. A mission that is near and dear to his heart is Imagine No Malaria for which he is the Field Coordinator.

An special offering will be taken for Imagine No Malaria, a major mission of the North Georgia Conference.

Welcome to all adults 55 and up —clergy and laity! Those dealing with family member needs as well as professionals!

NG Older Adult Event Planners

- A. Louise Adams, OA Ministries Team Chair 770-446-2411 - louisechuck@comcast.net
- Rev. Exa Grubb, Team Vice Chair, Dunwoody UMC
- Bobbie West, Team Secretary, Cascade UMC
- Jenell Bryan, Director of Senior Adult Ministries, Canton First UMC
- Mary Lawder, Atlanta-Roswell District Faith Community Nurse
- Rev. Julie Wright Peachtree Road UMC
- Shirley St. George, Simpsonwood UMC
- Rev. Susan Pendleton, Peachtree Road UMC
- Rev. Elizabeth Ackerman, Marvin UMC
- Rev. Susan Pinson, Glenn Memorial UMC
- Lee Wright, **Event Registrar**, Simpsonwood UMC fanofnoles@comcast.net, 770.441.0330